



8 January 2009

Aims: / Objectives:

Rheumatology and Orthopaedic Study Day

Understand the patients perspective

How to diagnose and manage common rheumatological and orthopaedic conditions in General Practice.

How to examine joints and back problems

Comments / Feedback

Very good to go through examinations. Interactive. Good to go through cases. Good to get different perspectives such as orthopaedic vs rheumatology vs physio. Well organized.

Good day and helpful but about too much information to take in on one day. Handouts very helpful. Pitched appropriately.

Orthopaedic talk very good and pitched at right level. Rheumatology talk good, but felt rushed given level of information and perhaps not as structured as orthopaedic talk. Physio sessions helpful and informative.

Really useful day. Enjoyed both orthopaedic and Rheumatology consultants' presentations. Could have done without the physio and so spread out the morning sessions to gain depth of knowledge.

Excellent talk, very useful, very interesting, good demonstration of examinations.

Excellent day, very relevant, to the point, useful for GP.

Very good day – useful information. Good to hear about how physios treat patients – also good to see equipment.

Useful session on examination of joints.

Very information session. For patients perspective, would have benefited from meeting patients with common conditions. Relevant to GP. Good revision of joint examination and 'things not to miss'.

Excellent day – really useful to the course. Informative. Interactive and interesting. Orthopaedics this morning was especially good.

Excellent information on orthopaedic examination and when to refer/who to refer to. Set at right level to refresh examination skills. Physio overview of back/shoulder pain excellent and re-enforced morning orthopaedic session.

Very good day. .

Really useful talk about orthopaedic examinations and conditions – good to recap on physio in the afternoon too.

Helpful session. Lots of practical. Good information from physio. First session was great, but too much in a short session.

All very good really!! Examinations could, may be, have more emphasis in a study day like this, as in-depth information can always be read independently. Depends on individuals, but hands on learning I personally find more beneficial.

I really enjoyed today. The speakers were varied and the information that each gave complemented each other. The physio talk was a little too detailed for the amount of time we had. But back and shoulder is definitely the best to focus on, since they are common and can be confusing. Some real life scenarios and points would be good and help me to remember more, I think.

Generally very good – important knowledge of rheumatology investigations, (i.e blood tests). Informative practical session from physio. Some good practical advice, which was most useful – i.e specific examination points.

Well organized. Adequate information. Well timed.

Orthopaedics – excellent. Could have been all morning.
Rheumatology – Good but not so GP based.

Physio – really helpful talk. Hydrotherapy etc, not so useful to GP.

Orthopaedics– excellent. Perhaps more time, so not rushed and therefore discussion. Private patient very good – again too rushed and crammed. Patient in hospital – okish. The day perhaps too intense and rushed.

Very useful orthopaedic session – slightly longer on this, especially how to examine shoulder. Did not find physio aids session very useful, but information about hydrotherapy useful.

Physiotherapist session very good, but did overlap with orthopaedic session, therefore make sure they are aware of each others presentations.

Orthopaedics– excellent. Concise and useful – not too much detail.
Rheumatology– Excellent
Highfield Unit – moderate – only of limited use.

Physio – good but trying to cover too much. Could have done more practical to reinforce the morning session. More time to just catch up and gossip/share work angst would be good.

Great information on osteoporosis and Trax Colostrum– excellent, would have benefited from more time. Rheumatology – good discussions with scenarios. Physio in Highfield – excellent. Physio back and shoulder pain – much of this had been covered earlier.

